

P4 - Sail Offshore Program

Any crew going to sea should complete these courses. The Safety and Sea Survival course was developed after the 1998 Sydney Hobart Race. Essential knowledge for crew who plan to sail on coastal, offshore or ocean passages.

Includes:

Practical Courses

- ✓ Start Crewing
- ✓ Start Helming

Shore based Theory Course

✓ ISAF Safety and Sea Survival

In addition:

We recommend

- 1. Our Radio Course MROCP for VHF & HF
- 2. The Senior First Aid course which is available at St John Ambulance service.

After your Start Helming course join our big boats on the CYCA Short Haul Races.



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