

Spinnakers - Symmetric



Sailing Element	Criteria
Hoisting	<input type="checkbox"/> Can rig sheets, braces, halyards and control lines (tweakers) <input type="checkbox"/> Can set up the pole <input type="checkbox"/> Knows the correct pre hoist procedure for attaching spinnaker <input type="checkbox"/> Can hoist efficiently
Trimming	<input type="checkbox"/> Understands the importance of correct pole position and height on all relevant points of sail <input type="checkbox"/> Use of sheet/control lines on all relevant points of sail
Gybing	<input type="checkbox"/> Knows the correct procedure for end-for-end gybing
Dropping	<input type="checkbox"/> Can set up a headsail prior to dropping spinnaker <input type="checkbox"/> Understands different drop techniques e.g. hatch, windward, leeward <input type="checkbox"/> Can stow spinnaker gear efficiently after drop
Other Skills and Techniques	<input type="checkbox"/> Can helm effectively on all relevant points of sail <input type="checkbox"/> Understands optimum downwind angles for differing wind speeds / types of spinnaker <input type="checkbox"/> Can helm whilst gybing <input type="checkbox"/> Understands the importance of communication, preparation, teamwork and coordination when using spinnakers

Instructor Signature _____

Date _____

Spinnakers

- Asymmetric



Sailing Element	Criteria
Hoisting	<input type="checkbox"/> Can rig sheets, tack line, halyards and control lines <input type="checkbox"/> Knows correct pre-hoist procedure <input type="checkbox"/> Can hoist an asymmetric spinnaker efficiently
Trimming	<input type="checkbox"/> Use of sheet/control lines on all relevant points of sail
Gybing	<input type="checkbox"/> Knows the correct procedure for Inside and outside gybing
Dropping	<input type="checkbox"/> Can set up a headsail prior to dropping spinnaker <input type="checkbox"/> Understands different drop techniques e.g. gybe, windward, leeward <input type="checkbox"/> Can pack a spinnaker
Other Skills and Techniques	<input type="checkbox"/> Can helm effectively on all relevant points of sail <input type="checkbox"/> Understands optimum downwind angles for differing wind speeds / types of spinnaker <input type="checkbox"/> Can helm whilst gybing <input type="checkbox"/> Understands the importance of communication, preparation, teamwork and coordination when using spinnakers

Instructor Signature _____ Date _____